

Institute for Orthopaedic Surgery

Monitoring COVID-19

The Institute for Orthopaedic Surgery continues to monitor the latest COVID-19 updates from the Centers for Disease Control and Prevention (CDC). Our clinical leaders have implemented protocols that are consistent with CDC guidelines to ensure the quality and safety of the care we provide to our patients.

What should you do if you think you or a family member may have COVID-19?

- Call your primary care provider. You will be advised what to do next and your provider may schedule you for an appointment. If you do not have a primary care provider, contact local urgent care or emergency department.
- If you have chest pain, shortness of breath, dizziness, a severe headache or other potentially life-threatening problems, go to the nearest emergency department or call 911.

Frequently Asked Questions What are the symptoms of COVID-19? According to the CDC, reported illnesses have ranged from mild symptoms to severe illness. The following symptoms may appear 2-14 days after exposure:

- Fever
- Cough
- Shortness of breath
- Chills
- Muscle pain
- Headache
- Sore throat

What can you do to reduce your risk of getting coronavirus?

- Follow CDC guidelines for prevention, which include:
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Wash your hands often with soap and water for at least 20 seconds.
- Stay home when you are sick.
- Cover your cough.

Are there visitor restrictions at the Institute for Orthopaedic Surgery?

- We are currently allowing visitors to enter the hospital. We require visitors to wear a mask at all times and continue to self-monitor for symptoms of COVID-19. Visitors are not permitted to enter the Institute for Orthopaedic Surgery if experiencing the symptoms of COVID-19.

Strategy for determining when Health Care Providers can return to work following Exposure or confirmed COVID-19.

The Institute for Orthopaedic Surgery is currently utilizing a “Contingency” staffing strategy (as defined by the Centers for Disease Control), for determining when a health care provider may return to work. The Institute for Orthopaedic surgery has implemented the following requirements to protect patients and other health care workers

- Require facemasks to be worn at all times in patient care areas and when around others in non-patient care areas
- Installation of clear physical barriers
- Social distancing when possible
- Self-monitoring

Other trusted sources

- Centers for Disease Control and Prevention (CDC)
- Ohio Department of Health: 833-427-5634
- World Health Organization (WHO)
- Local city and county health departments